



Newsletter

October 2024

0191 273 7443



Search Newcastle

Supporting older people in Newcastle

Christmas Shopping Trip - Dalton Park

We listened to your feedback and have managed to secure funding for a Christmas Shopping Trip to Dalton Park on Tuesday 26th November.

Pick up locations:

- Throckley Community Hall at 9.00am
- Benwell Lidl at 9.15am

There is only 1 Coach with 51 spaces, so places will be limited.

To ensure fairness, we will open 2 booking venues at the same time to both Inner and Outer West residents .

Bookings:

Tickets cost £3 per person.

- Pop In Centre, Adelaide Terrace on 29th October at 10am
- Westerhope Institute on 29th October at 10am

Any person can only book a maximum of 2 spaces.

Tickets will be first come first served.

Christmas Events

Christmas Concert with The Semitones Orchestra, Sunday 1st December 1pm-3pm at St James and St Basil's Church, Fenham Hall Drive.

The Christmas Evening Social is on Thursday 5th December at 6pm at Throckley Community Hall. Pie and Pea supper, singer, raffle and bingo for £3. Booking and payment essential to guarantee place.

Christmas Events

Come and join us for a Christmas lunch and a bit of festive fun at Broadmead Church, 90 Broadmead Way, NE15 6TS. The date and time are yet to be confirmed, spaces are limited so please call Search to register your interest on 0191 273 7443.



Activities

Halloween Evening Social Tuesday 29th October 6pm-9pm
Blakelaw Social Club, 6 Cragston Way, NE5 3SW. Live music, dancing and food. **Booking is essential, £3.**



Adelaide intergenerational fun day on Thursday 31st October, 11am-2pm. Fun for all the family including art, crafts, history trail, street games and lots of fun to bring the community together.

Singing For Your Brain The first Wednesday of each month 10.30am-11.30am at Broadmead Church. Third Wednesday of each month Cruddas Park Surgery.



Card making, first and third Thursday of each month, 1pm-3pm
Condercum Court, Prince Philip Close, Benwell Lane, NE15 6RE.

Asian Men's Gup Shup Group at Cha Chai Restaurant on West Road, Mondays at 11am-1pm.



Tai Chi - Every Monday at 11am-12pm Far Community Centre, Acanthus Avenue, Newcastle.

Talking Therapies and Wellness Activities

On 2nd October, Search celebrated the contribution made by older people to the livelihood of their community, marking International Day of Older Persons. The gathering was held at West End Library and consisted of laughter, comradery, reflection, fun and creativity. The collective input from all who attended is on display at the Pop in Centre. We hope visitors will find joy and inspiration from the brilliant words of wisdom and tributes to work well done.



As winter draws near, we look ahead, continuing to facilitate our thriving hubs filled with mindfulness and friendship. The cold months can be challenging for many, but the mission remains to empower people to take control of their lives, creating a safe and confidential space to talk and build confidence with social opportunity.

Believing in a person-centred approach, Kat can support you with access to CBT and counselling services. If you think you need additional support and would like to know more, get in touch.

West End Warmers (WEW Energy Advice)

The WEW continues to support the clients in the West End with energy advice, delivering energy awareness sessions in the NE4, 5 and 15 post codes and is dedicated on reaching out to households in need of this valuable support.

With the ever-increasing cost of living in conjunction with the cost of energy prices, keeping costs down in the household is a major challenge that has hit a lot of families, and this has been shown in the media.

The WEW continues to offer professional advice on ways in helping with energy debts, sorting out any energy queries regarding your bills, requesting a smart meter or reporting a faulty smart meter and offering tips on ways to save money.

Small energy measures`

A home visit can be arranged to come and assist you. Small energy measures are offered for free and they can range from foils behind the radiators to deflect the heat back into the home, low usage LED light bulbs, draught excluders. Search has a handyman that will contact prior to installation to arrange a time and date suitable for the installation.

This service will apply to client living in NE4, 5 and 15 post codes.

Please contact the Energy Adviser if you have any questions.



Advice and Information - Drop in time change

- Kenton Library - Mondays at 10am-12.30pm.
- Grainger Market -(New unit) Being Well Centre, Alley 3 on Wednesdays at 10am-12.30pm.
- Thursdays at 2pm-4pm, fortnightly starting from 07/11/24.

Home From Hospital

Do you know anyone who has experienced planned or unplanned hospital admission? Recovery at home after discharge can be challenging, with the commitment to make the recovering journey easier, our Home From Hospital team supported **57** people getting settled comfortably in their homes after hospital stays in the last 6 months.

Up to 6-week support, our services include a light shop, prescription pick-ups, signposting to community services, and wellbeing calls to ensure you are settling well back at home. You can ask the hospital to make a referral to Home From Hospital, or call us and speak to our team.



Volunteering

At Search we have a volunteer role for everybody! We have opportunities for phone buddies, admin support, community activities support, or casual volunteer roles. We have a role to suit all. We understand that committing to regular hours can be challenging for some people, so if you prefer to pop in and out to help, that's fine too.

We offer on going training, peer support opportunities, and cover all genuine out of pocket expenses. We hold regular get togethers for our volunteers throughout the year (we love a party) , making sure you feel supported and valued every step of the way.

*We ♥ our
Volunteers*



Come and join us and make a difference in your community and our Search Friends. Our volunteer coordinator Aimi Corbett can be reached on 0191 2737443 or aimi.corbett@searchnewcastle.org.uk and she cant wait to hear from you.

Chain Reaction - Pioneers

Our team places special emphasis on listening, supporting and encouraging people to join in with things. We are particularly keen to reach out to any older person who may be on their own, or might have health or mobility issues, or find be a bit nervous or anxious of meeting new people for the first time. We can offer a bit of extra attention to people joining in for the first time, and ensure that there is a warm welcome for those starting to socialise again.

From October we are looking for people to come together to chat and crochet at our new group meeting at The Peregrine, we'll have a couple of Monday Meets each month in the city centre (coffee and chat). We have our Wednesday social 'meet and eat' once a month at different venues across the West End and we support our other Search colleagues with other groups and sessions led by our colleagues. We are also planning a bus pass trip in November for those who want a bit of day out at market town. Speak to one of the Pioneers for more details on this!

