

Newsletter

June 2024

0191 273 7443



45 years of Search

This year, Search is celebrating 45 years of supporting Older People in Newcastle. To mark this milestone we are inviting you to put on your "Glad Rags" and join us in Celebrating on September 6th 2024, we will be having a Vintage Afternoon Tea, with Singing and Dancing at The Carnegie Building on Atkinson Road in Benwell. The Celebrations will start at 12.30pm and will last until 3pm.

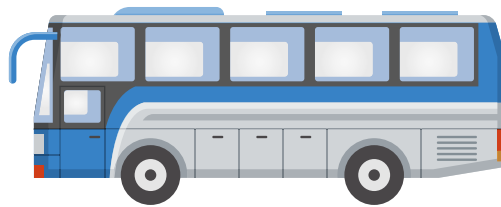


Booking is essential as spaces will be limited. We won't be charging for this event but if you wish to make a donation to Search then you can put something in our yellow pots on the day. We would also love to hear your stories of Search or see some photos you have from Search events.

Wellbeing Workshops

Facilitated by Kat, she can help you to access any of the resources you need to help with low mood and anxiety. Kat will be hosting mindful activities focusing on emotional wellbeing. These sessions will run on 3rd and 31st July from 10:30am -12:00pm at West End Library (Condercum Road), followed by fortnightly meetings thereafter.

Later this summer, we aim to offer additional workshops for wellbeing including 'Coping with Bereavement'. We hope this will give those experiencing loss to come together to support one another, understand the stages of grief and the healing process. If you are interested, or feel you can come along and support others, please get in touch with Kat 0191 273 7443.



ONLY
£6

Trips

- Wednesday 7th August - Barnard Castle - Pickup at West Denton Community Centre at 9am & Benwell Lidl at 9.15am
- Thursday 29th August - Preston Park- Pickup at West Denton Community Centre at 9am & Benwell Lidl at 9.15am
- Wednesday 11th September - Alnmouth & Warkworth - Pickup at West Denton Community Centre at 9am & Benwell Lidl at 9.15am

Tickets will be issued on a first come first serve basis.

Acting on previous feedback to make the booking system as fair as possible we will take bookings on the following basis:

- 1 trip per person (you can add your name to a reserve list for a second trip)
- No more than 5 places can be booked by a single person
- If you are bringing someone who is not already registered with Search they will need to complete a Registration form and return this prior to the trip

We will only take bookings during these times:

- Tuesday 9th July 9.30am - 11am at the Pop In Centre on Adelaide Terrace
- Tuesday 9th July 11.15am - 12.15pm at Westerhope Community Association (The Tute), Hillhead Road, Westerhope
- Wednesday 10th July 1pm - 3pm via the telephone for card payments only

Lunch Links

Do you like good food and good company?

Come along to Buy and Bite Mondays and Wednesdays at 11am to 1.30pm. You can do your weekly shopping and grab some lunch at the café with friends. Transport can also be arranged.

- Monday's - Buy and Bite, West Denton Morrisons
- Wednesday's - Buy and Bite, Cowgate Morrisons



Bishops Court Lunch Club is a day out which offers a doorstep pick up and drop off, a two course lunch, a game of bingo, an activity and friendship.

If you would like to attend please call Search on 0191 273 7443.

Phone Buddies

Are you feeling isolated or know someone who is, and need of a friendly voice? Did you know we offer our Search Friends a Phone Buddy?

Offering an opportunity to keep in contact and connected with Search and your local community and regular uplifting conversations to brighten up your day.

If you know someone who would benefit from a Phone Buddy or you would like to have a Phone Buddy yourself.

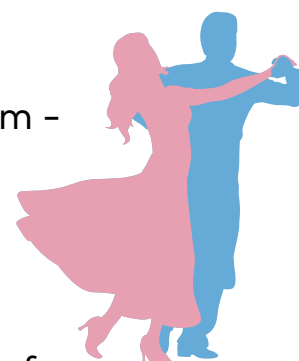
If you would like to join our Search Volunteer Community and connect with someone as a Phone Buddy, we would love to hear from you.

Please get in touch with Aimi on 0191 2737443



Outer West

Did you know Search hosts Strictly Ballroom every Monday 1pm - 2pm at Westerhope Institute for only £3. We also host a Tea Dance the third Thursday of every month at 1pm - 2pm at Throckley Community Hall for only £3.



Pop In Centre

Our Pop in Centre on Adelaide Terrace continues to be a hive of activity Monday through to Friday. Whether you need to call on our Advice and Information Team at the Drop In, take part in a range of activities, or would like to call in for a cuppa and a natter in a warm friendly space, you are welcome to. Our doors are open 10am - 4pm Monday to Friday. Search also works in partnership with Conerstone Church to provide the Benwell Bridge Community Pantry. As long as you live in a 2-mile radius, you can order a food parcel containing 10 items for £2.50, (no frozen/fresh food due to storage). Call in to the Pop In Centre to place your order and collect your parcel when delivered.



to the Inner West

- Gentle Exercise Sessions
- Tai Chi Sessions



Please register your interest as we expect these sessions to fill up quickly.

Fundraising

As a charity we rely on grants, donations and fundraising to pay for the services we offer to the community. There are a number of ways people can support us:

- Recycling used ink cartridges
- Recycling used stamps

These can be handed to any of our staff or put into the boxes at our Pop In Centre.

- Playing our lottery for £1 per week with a chance to win £25,000
- Hosting a 'Bake Life Better' cake sale or coffee morning
- Follow us on Facebook for other ideas
- Taking part in a sponsored event



Our next organised fundraising event is our 'Race Night'. This will take place on Thursday 15th August at 7pm at the Tyneside Irish Centre, Gallowgate, Newcastle upon Tyne. £10 per ticket including buffet supper. If you would like to know more please call Search on 0191 273 7443.

Volunteering

Do you know someone who would like to volunteer with Search?

We are looking for volunteers to join our community and connect with our Search Friends. We have exciting opportunities available at our Pop In Centre, Reception and Admin, Phone Buddies, Community Activities and Lunch Clubs. If you are passionate about making a positive impact and connecting with others, we would love to hear from you.

Volunteering with us offers a fulfilling and rewarding experience. You become part of the 'Search family'. Full training is provided and out of pocket expenses is reimbursed.

Please contact Aimi on 0191 273 7443.

This June we celebrated Volunteer Week. Search hosted a Volunteer celebration to thank our wonderful volunteers for their contribution.

We partnered with EPIC in the Big Help Out, litter picking on the streets of Benwell as people had told us that litter in the area was a problem.

