

Newsletter

February 2023

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Search Newcastle

Supporting older people in Newcastle

Chinese New Year - 2023 (Year of the Rabbit)

West End Friends celebrated Christmas 2022 and Chinese New Year at Robert Stewart Memorial Church. Both events were put on with the help of our Friends from the Chinese, South Asian and other local communities along with the help from dedicated volunteers who have provided so much support.

An alternative Christmas lunch of Dhal, rice and traditional South Asian snacks were much enjoyed by West End Friends. Many Thanks to Independent Age who provided a grant for Search to organise this event. Carly Searle and Charlotte Robinson, volunteer co-ordinators from Independent Age joined us for Christmas lunch. The fund was also used to pack 120 Christmas gift bags to distribute to the Chinese community to help spread festive cheer. Chinese New Year celebrations returned to the area after a 3 years absence. The Newcastle Chinese Healthy Living Centre brought cultural dance and Tai Chi to the event and once again West End Friends did not disappoint with the food!



West End Warmers

Did you know we have an energy advisor who can assist you with:

- Fitting small saving energy measures
- Energy debt advice
- Switching providers
- Advice on any energy related issues



Advice and Information

Search now offer advice and information drop ins at the the following locations:

Kenton Customer Service Centre, Hillsview Ave, Newcastle upon Tyne NE3 3QJ
Fridays 10am – 3pm

Helping residents 50 and over in Kenton and Fawdon.

Healthworks Health Resource Centre – Adelaide Terrace, Newcastle upon Tyne
NE4 8BE

Monday and Wednesday 9:30am – 12:30pm

Lemington Methodist Church – 1 Algernon Rd, Lemington, Newcastle upon Tyne
NE15 8DT

Tuesday 9:30am – 11.00am

Blakelaw Library – Binswood Avenue, Blakelaw, Newcastle upon Tyne NE5 3PN

Tuesday 11:30am – 1:30pm

Cruddas Park Surgery Community Room, 176 Westmorland Road, Newcastle upon
Tyne, NE4 7JT

Every other Monday 1:30pm – 3:30pm

**West End residents can receive free and confidential advice & information on
benefits, energy, housing, consumer issues etc.**

**For more information on Dementia welfare advice and Lasting Power of Attorney
– please contact Search**

Coming
Soon

Advice and Information drop in at
Grainger Market and Fawdon

Home Help

A cleaning service for anyone that may require some help around the house. We have a fantastic cleaning team that are professional and friendly.

NEW!



Home Help Plus

Provide support to individuals living independently within their own home, the support we provide can be anything from assisting with tasks around the home to accessing the community and attending groups/events, help with bills and assisting to appointments etc.



Spring is in the air so it's time to come out of winter hibernation, we have some fun groups that will get you moving...



Gentle Seated Dance- every Monday 10.30am-11.30am Robert Stewart Memorial, Wingrove Road

Dance Through the Decades- every Monday 11.30am-12.30am Robert Stewart Memorial, Wingrove Road.

Gentle Seated Exercise- every Monday 11am-12pm The Lemington Centre, NE15 8RZ. Suggested donation £2

As of March our monthly Tea Dance at Denton Burn Methodist Church will be switching to the last Thursday of the month instead of Wednesday, 1.00pm-3.00pm, 30 March. We hope to see many of you there.

Consultation event Tuesday 7 March 12.30pm Robert Stewart Memorial Church, Wingrove Road. Come along and let us know what you think of Search! What groups have you enjoyed and what would you like to see us offer in the future? Snacks and refreshments included.



Come and join us and meet The CO OP Insurance Services on Wednesday 8 March 12.00pm-2.00pm. Carnegie Building, Atkinson Road. Come along to this informative event to learn about protecting yourself and your family with advice on inheritance, wills, Lasting Power of Attorney and more. Lunch included, booking essential.

New Choir- Join our brand new Search Choir! Our choir will be a fun group that welcomes people of all abilities. Whether you can sing well or just for fun! Meeting on the last Monday of each month, we will sing well known songs.



Monday 27 February 2.00pm Cruddas Park Surgery, Westmorland Road.

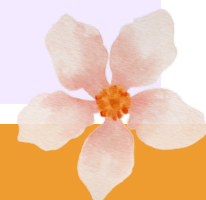
History Walks- Friday 2 June 2.00pm, leaving from the entrance to the Scotswood Natural Community Garden, Yewcroft Avenue. "The Scotswood Walk" Join us on a 2 hour walk that takes in points of interest associated with the areas rich and varied industrial and social history.

Wednesday 14 June 11.00am in St James' Graveyard, Benwell Lane. St James' graveyard is best known for the rich and influential men buried there but this tour will focus on the lives and deaths of women and children buried there.

History Talk-Monday 5 June at 1.00pm in the West End Library, Condercum Road.

Illustrated Talk by Andrew Clark "Days at the Seaside"

(Please call Search to book your place on the history walks and talk)



Vita Health Group – NHS Talking Therapies

Search is working to improve access to Talking Therapies for older people. Staff joined our Community Link Worker at the first Community Wellbeing Day held by Vita Health Group in Brunswick Church on 17 February. The day was filled with fun activities and saw representatives from local organisations offer welfare advice, information and refreshments. Vita hopes to continue to provide wellbeing events, promoting welfare and a range of support services. We are striving to build our networks citywide to enable Search to offer as much support through Talking Therapies as possible. A fortnightly hub is now being held at Newcastle Building Society West Denton shops Wednesdays from 10:30am – 12:00pm for a cuppa and a chat with our link worker. Feel free to come along or call Search to refer or find out more about the service.

Pioneers

Karen, Adam and Safia, have a number of smaller more informal opportunities, including friendship groups, city centre based meet ups etc. We offer a warm welcome to everyone and we can also offer 1-1 support to anyone attending for the first time. Our groups offer the perfect introduction to anyone out of the habit of socialising, so please contact Search for further information and ask to speak to a Pioneer.

Benwell Hub Tea and Tech

As part of our drop in at Benwell Hub (Wednesday mornings) we are providing a series of entertaining talks about the lives of famous people.



March 1 - Barbara Windsor

March 15 - The real story of The Sound of Music

March 29 - Richard Briers

April 12 - Doris Day

April 26 - Dusty Springfield

May 10 - Karen Carpenter



Free to attend but please book by ringing us. Benwell Library Condercum Road, 11.00am every other Wednesday.

Fundraising

3 ways to get involved in 2023

Spread the word about us! We would love to reach new members of the community with our work. Help us spread the word by sharing our Facebook posts and telling your friends and family about our work.

Become a fundraising volunteer! - You can get involved with our fundraising activities in a number of ways, including helping out at events and organising collections or helping us come up with new, fun ways people can support us.

Host an event or activity for us! - Whether you want to run a coffee morning or a knit-a-thon to help raise funds for us, our staff can help support you with your ideas.